**ROBIN B. RISLER, CAADC, PSY.D.**

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**CURRICULUM VITAE**

**I. Educational Background**

Philadelphia Institute for Relational Psychoanalysis, Philadelphia, PA., September 2011-2015.

Immaculata University, Immaculata, PA. August 2002

**Psy. D. in Clinical Psychology**. GPA: 3.98

Dissertation: A Phenomenological Investigation of Psychotherapy Helpfulness

as Experienced by College Students

Honors: Who’s Who Among Students in American Universities and Colleges

Hahnemann University Graduate School, Philadelphia, PA. May 1979

**M.S. in Speech Pathology & Audiology.** Graduated Summa Cum Laude;

Phi Kappa Phi Honor Society. Dean’s List; GPA: 3.87

Pennsylvania State University, State College, PA. March 1977

**B.S. Speech Pathology & Audiology.** Dean’s List; GPA: 3.78

**II. Licenses and Certifications**

**Certificate Program in Psychoanalysis**

Institute for Relational Psychoanalysis in Philadelphia

**Licensed Psychologist State of Pennsylvania**

Commonwealth of Pennsylvania Department of State Bureau of Professional and Occupational Affairs, Harrisburg, PA.

License Number: PS015504

**Certified Advanced Alcohol and Drug Counselor**

Pennsylvania Certification Board (PCB) & International Certification & Reciprocity Consortium (IC&RC), Harrisburg, PA.

**III. Clinical Experience**

**Senior Supervising Psychologist**

**Temple University, Tuttleman Counseling Services,** Philadelphia, PA

July 2013-2017

* Provide supervision to staff and clinical externs and interns.
* Co-facilitate the Supervision of Supervision Group for clinical interns.
* Facilitate Supervision Group/Case Conference for junior staff waiting licensure

**Senior Psychologist**

**Coordinator of CASA** (Campus Alcohol and Substance Awareness Program)

**Temple University, Tuttleman Counseling Services,** Philadelphia, PA

September 2002 – June 2013 (Post Doctoral Fellowship, Assistant Coordinator CASA, Coordinator CASA)

* Provide individual psychotherapy using brief and long-term interventions to undergraduate and graduate students presenting with a wide range of diagnostic concerns including: anxiety, depression, sexual/gender identity issues, alcohol/drug abuse, ACOA (Adult Children of Alcoholics), relationship issues, trauma and eating disorders.
* Provide clinical consultation to families and Temple University Staff.
* Provide supervision to staff and clinical externs and interns.
* Co-facilitate the Supervision of Supervision for clinical interns.
* Co-facilitate groups including: Mindfulness Meditation Group for Stress Reduction, Drug and Alcohol Group, General Psychotherapy Group.
* Assist in the coordination of all programs within the CASA Unit; specifically the coordination and administration of mandated education, and numerous outreach and educational activities.
* Participate in orientation of new and transfer students.
* Assist in trauma response efforts using CISM protocols.

**Psychologist – Private Practice**

Philadelphia, PA

September 2002 – Present

* Provide individual psychotherapy to private clients presenting with a variety of concerns. Specialty in Addictions and Relational Psychoanalysis

**Post-Doctoral Fellowship**

**Temple University, Tuttleman Counseling Services, Philadelphia, PA.**

September 2002-August 2003

University Counseling Center

* Provided individual psychotherapy using brief and long-term interventions to undergraduate and graduate students presenting with a wide range of diagnostic concerns including:

anxiety and depression, issues related to sexual/gender identity, alcohol and drug

abuse/dependence, ACOA issues, relationship concerns, trauma issues, and eating disorders.

* Co-facilitated an interpersonal psychotherapy group.
* Conducted comprehensive intake assessments on students.
* Performed triage assessments during student walk-in hours.
* Consulted with staff psychiatrist regarding treatment of students who required medication or hospitalization.
* Received 2 hours of individual supervision and 11/2 hours of group supervision per week.
* Provided weekly supervision for a pre-doctoral extern.
* Participated in weekly staff meeting, case conference, and month staff development seminars.
* Worked with CASA (Campus Alcohol and Substance Awareness) and CERT (Conflict Education Resource Team) units along with coordinators and peer educators providing educational programs, outreach events, intake assessments for students sanctioned by the University Disciplinary Committee, conflict coaching and counseling.

**Pre-doctoral Internship** (APA accredited)

**Friends Hospital,** Philadelphia, PA. September 2001-August 2002

Private Psychiatric Hospital and Crisis Center

* Provided group, family, and individual psychotherapy to children, adolescents and adults presenting with a variety of diagnostic concerns including: schizophrenia, additions, and eating disorders, impulse control disorders, mood and anxiety disorders, personality disorders and post traumatic stress disorder at the inpatient, partial, and outpatient level of care.
* Led daily psycho-educational and cognitive behavioral groups for inpatient population.
* Participated in daily multidisciplinary treatment team meetings and wrote focused treatment plans.
* Met daily to discuss treatment planning and case management.
* Performed rapid assessment, face-to-face triage, crisis intervention, and level-of-care determination for patients brought to Larkspur Crisis Response Center.
* Conducted psychological evaluations and wrote focused psychological reports related to diagnosis, treatment matching and disposition, intervention planning, and psychopathology.
* Provided consultation and feedback to patients and professional staff regarding diagnostic assessments.
* Received 2 hours of individual and 2 hours of group supervision per week.
* Participated in case conference and weekly didactic seminars covering a wide range of clinical, legal, ethical, and behavioral healthcare issues with an emphasis on diversity awareness.
* Involved in monthly 3-hour intensive didactic/experiential group based on Systems Centered Psychotherapy facilitated by the Agazarian Group.

**Psychotherapy Practicum**

**University of the Sciences of Philadelphia,** Philadelphia, PA. September 1999-June 2000

**University Counseling Center**

* Provided individual psychotherapy to university student presenting wit a range of diagnostic concerns including: stress related disorders, eating disorders, sexual abuse, rape and post-traumatic stress.
* Performed intake interviews, and treatment planning using long-term and short-term approaches.
* Participated in weekly case conference seminars.
* Received 2 hours of individual and 2 hours of group supervision weekly.
* Consulted with staff affiliated psychiatrist regarding treatment approaches, diagnosis, and medication evaluations.
* Facilitated psycho-educational seminars on the topics of teenagers and suicide and acquaintance rape.
* Co-facilitated a weekly interpersonal psychotherapy process group.

**Diagnostic Practicum**

**Children’s Crisis Treatment Center (CcCT),** Philadelphia, PA.

September 1998-June 1999

Inner-City Treatment and Evaluation Clinic

* Conducted weekly comprehensive psychological evaluations using appropriate cognitive, developmental, and personality measures with a clinical population consisting of pre-schoolers through adolescents with a wide range of referral questions.
* Wrote focused psychological reports related to psychopathology, personality organization and development, and intervention planning.
* Met with parents/guardians to discuss diagnostic impressions and recommendations.
* Received 1 hour of individual and 1 hours of group supervision weekly.
* Participated in and presented at weekly testing seminar and provided training in administration, scoring, and interpretation of assessment instruments to other practicum students.

**Psychology Extern**

**Judith Farber, Ph.D.,** Lower Gwynedd, PA.March 1998-August 1998

Private Practice

* Provided individual, couple, and group psychotherapy to a clinical population consisting of young adolescents through seniors with varying diagnostic presentations.
* Received 1 hour of supervision weekly.

**Psychology Extern**

**Belmont Center for Comprehensive Treatment, Philadelphia, PA.**

March 1997-August 1997

Eating Disorders Unit (providing impatient and partial hospitalization)

* Provided group and individual psychotherapy to eating disordered adolescents and women at both inpatient and partial level of care.
* Co-facilitated psycho-educational programs.
* Conducted intake evaluations.
* Participated in weekly psychodrama, art therapy, and weekly meal planning and food preparation.
* Participated in weekly interdisciplinary team meetings to determine treatment interventions and disposition.

**IV. Work Experience**

### Psychotherapist

**Horsham Clinic,** Maple Glen, PA. January 2001 – August 2001

Adult Partial Program

* Provided group psychotherapy for adults presenting with a wide variety of diagnostic concerns.
* Participated in bi-weekly multi-disciplinary treatment team meetings and wrote focused treatment plans.
* Participated in case management and discharge planning.

**Director of Human Resources**

**I Got It At Gary’s**, Eagleville, PA. January 1980 – September 1996

* Managed Human Resource function for a unique discount chain of “super drug stores” employing 500 people.
* Responsible for recruiting, training and development; succession planning, compensation, benefits, salary administration, payroll, performance appraisal, workman’s compensation/safety and employee relations.
* Provided employee counsel and guidance to all levels of the organization.
* Member of the Strategic Management Team.
* Assisted with the implementation of a policies and procedures manual.

**Educational Audiologist**

**Delaware County Intermediate Unit**, Media, PA 1978-1980

* Developed and taught a curriculum for middle school/high school hearing impaired students.
* Acted as liaison for Intermediate Unit staff, public school educators and local centers.

**V. Professional Affiliations**

* Philadelphia Society for Psychoanalytic Psychology
* American Psychological Association and Division 39
* Pennsylvania Psychological Association
* Philadelphia Society of Clinical Psychologists
* International Association for Relational Psychoanalytic Psychology

**VI**. **Additional Certifications**

* Completed 12-week Mindfulness Based Stress Reduction Teacher-Training, Jefferson University Center for Integrative Medicine, and 10 day Intensive with Jon Kabat- Zinn. (2010)
* Certified Yoga Instructor (100 hours of training) (1999)
* Professional Human Resources Management (PHRM) Certification, Villanova University (1985)

**VII. Research Interests**

* Group supervision of supervision
* Psychotherapy research
* Gender and sexual identity issues
* Addiction and the change process
* Mindfulness meditation and the integration of Buddhism and psychotherapy

**VIII. Publications**

* DeMaria, P.A., Sterling, R.C., Risler, R., & Frank, J. (2010). Using Buprenorphine to Treat Opiate Dependent University Students: Opportunities, Successes and Challenges. *Journal of Addiction Medicine*, 4, (4), 236-242.
* DiMino, J. & Risler, R. (2012). Group supervision of supervision: A relational approach for developing supervisors in training*.* *Journal of College Student Psychotherapy*, 26 (1), 61-72.
* DiMino, J. & Risler, R. (2014). The interns’ experience as supervisor: Managing resistance, identifications, and countertransference while feeling insecure. *Journal of*

*College Student Psychotherapy, 28(2), 157-168*

**Professional References**

Dennis Debiak, Psy.D.

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